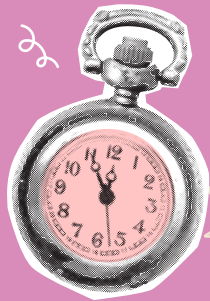


New Year, New Habits



Paul teaches us in Philippians 4 to pray with thankful hearts instead of being anxious (6–7). Researchers have learned that small, faithful habits often work better than trying something big for just a few days. That’s exactly why the Bible teaches us to train ourselves in godliness (1 Timothy 4:6–7). Researchers have also discovered that avoiding temptation is often easier than trying to resist it. But this is not a new concept. The Bible teaches believers to flee or stay away from temptation instead of seeing how close they can get to it (2 Timothy 2:22).

Godly habits include: **reading** and **studying** the Bible, applying **Scripture** to your daily life, **praying**, **worshipping** God, **serving** others, spending **time** with other believers, attending **church**, and being **thankful**. Growing your faith takes time and effort.

As you practice godly habits each day, God will continue shaping your heart to become more like Christ.

What are some godly habits you want to start or be more consistent with in 2027?

In 2027, I want to _____

Use the godly habits listed above in bold to remind you to grow your relationship with God this year.

Place the bolded words in the puzzle.



Go to www.d6everyday.com/bonus for an answer key.